

Xploris for PE & Sport Premium

Making Physical Education Measurable, Engaging and Easy to Justify

A practical way to enhance PE through heart rate, speed, recovery and pupil understanding of fitness.

Funded through PE. **Useful across school.**



Why schools are looking for more from PE

Many primary PE lessons focus on participation — which is important. However, schools are increasingly being asked to demonstrate:

- Impact on pupils
- Understanding of health and fitness
- Engagement across all learners
- Evidence of progress

The challenge

PE can sometimes lack:

Measurable outcomes

Clear evidence of learning

Deeper understanding of physical activity

The opportunity

Xploris allows pupils to:

see what is happening to their body during exercise — not just take part



What is Xploris?

Xploris is a handheld learning device that allows pupils to:

- Measure real data
- Analyse results
- Understand performance



How it enhances PE

Instead of:

“Do exercise”

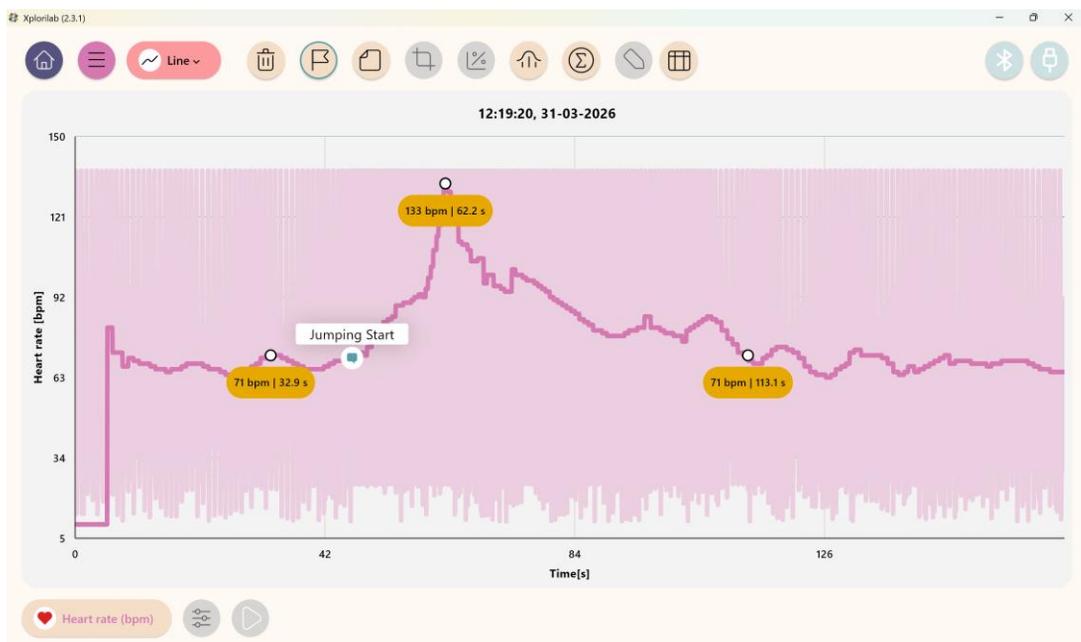
It becomes:

“Do, measure, understand and improve”



Key PE benefits

- ✓ Explore heart rate before and after exercise
- ✓ Measure recovery time
- ✓ Compare speed and performance
- ✓ Support fitness and wellbeing understanding
- ✓ Increase engagement through active investigation



REAL PE LESSON LINKS

♥ Heart Rate & Recovery

- Measure resting heart rate
- Exercise (running / circuits)
- Measure recovery over time
- 👉 Pupils understand fitness, not just perform it



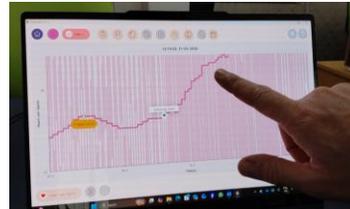
🏃 Speed & Performance

- Sprint tests
- Acceleration comparisons
- Personal best tracking
- 👉 Links directly to athletics



🧠 Understanding the Body

- How the body responds to activity
- Adaptation and recovery
- Links to swimming and health



PE PREMIUM ALIGNMENT

Supports the aims of the PE & Sport Premium

Funding from the Primary PE and Sport Premium is designed to improve PE provision.

Xploris supports:

Improving quality of teaching

- Structured, ready-to-use lessons
- Easy for teachers to deliver

Increasing pupil engagement

- Data-driven activities motivate pupils
- Encourages participation from all abilities

Developing understanding of health

- Links exercise to real body responses
- Builds awareness of fitness and wellbeing

Supporting assessment

- Measurable outcomes
- Evidence of progress

IMPACT STATEMENT

Schools can use wording such as:

“The introduction of Xploris has enhanced PE by enabling pupils to understand the relationship between physical activity and physiological response. Pupils are more engaged in lessons and can measure, compare and reflect on their performance and progress.”

One purchase. Multiple benefits.

While funded through PE, Xploris also supports:

Science → human body, investigations

Maths → measuring, comparing, graphs

Computing → data and analysis

This helps schools:

Maximise impact from a single investment



See how Xploris fits in your school — with confidence

We understand that introducing something new into PE needs to feel like the right decision.

That's why we've made it simple and low risk for schools to get started.

14-Day School Confidence Guarantee

If Xploris isn't the right fit for your school, you can return it within 14 days.

No pressure. No long-term commitment.

This allows your staff to:

Try it in real lessons

See how pupils respond

Decide with confidence

What schools typically do

Most schools:

Start with a class set or starter package

Use the included lesson plans in PE

Extend into science, maths and enrichment

This helps maximise value from one purchase

Designed to be easy for teachers

No complex setup

Ready-to-use lesson ideas

Works within existing PE lessons

Teachers can deliver straight away

Next Steps

To request pricing or ask a question:

info@schoolsupplier.co.uk

Tel: 01704 332 353

“Most schools start by using Xploris in a small number of PE lessons, then expand once they see the impact on engagement and understanding.”



14-Day Money Back
Guarantee



Suitable for PE &
Sport Premium
Funding